

Families

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south east



POINTERS PREP SCHOOL

(NURSERY, PRE-PREP AND PREPARATORY)
Principal: Mr RJS Higgins MA, BEd, Cert Ed, FCoIP

An exciting Christian school for boys and girls aged 3 to 11. It has been located in Blackheath for more than 60 years and is well known for its friendly atmosphere and emphasis on traditional values.

- First class examination results
- Healthy eating policy with **organic** produce
- French taught from Nursery to Year 6. German taught from year 3
- Nursery 3-4 years and Reception to Year 6
- Breakfast club and after-school care (8am-5.45pm)
- Numerous extra-curricular clubs (including chess, golf, country, art, drama, football and ceramics)
- Christian Evangelical in outlook
- The School is cleaned entirely with organic, non-chemical cleaning agents

19 Stratheden Road, Blackheath SE3 7TH
020 8293 1331
secretary@pointers-school.co.uk
Visit our website www.pointer-school.co.uk

Genesis



Nursery

Organised and managed by
The Pointer School, Blackheath

- A brand new Nursery, purpose-built and with state-of-the-art facilities for times between the ages of 3 months and 4 years. 7.45am-6.15pm throughout the year
- Conveniently situated near Manor Park, Lee
- **Organic** food prepared and cooked on the premises. Genesis Nursery is cleaned entirely with organic, non-chemical cleaning agents
- Working from the point of view of Christian belief and staffed by professionals who love children
- A calm, serene and pleasant atmosphere, inspected and registered by Ofsted

We love children
Newly opened October 2005

Tel: 020 8318 1333

or see our website: www.genesisnursery.co.uk

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BAPAA

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RUSKIN HOUSE SCHOOL

AFTER SCHOOL CLUB

COLLECTION & CARE TO 7PM

from local schools inclusive of afternoon tea, supervised homework club and interactive electronic teaching games, arts, crafts, face painting, board games, story books etc. Outdoor play area, and separate games room, for eight years and over. Trips to local parks.

Places are limited. Bookings are taken on a first come first served basis:

Weekly charges £68/ad hoc days £16.

Children aged three to eleven years welcome.

For further details contact:

Kim Ludgate (ASC Manager) 07958 222 445

Frances Ditroia (RHS Manager) 020 7737 4317

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What's New

Chocolates are of course welcome at any time of year, but if you'd like a different present this year, leave this page open on the kitchen table as a

Hint for anyone who's not bought mummy's Xmas present yet...

It is estimated that a massive 31% of us will take back at least one unwanted present this Christmas. What a waste when what a lot of hard-pressed parents would really like is more time, or for someone to relieve them of some of the burdens. Someone who could organise a party; exchange Christmas presents; manage a house move; research their next holiday; fill out a tax return; de-clutter the house; run errands such as shopping or collecting dry cleaning; organise beauty treatments in their own home - basically anything they don't have time to do themselves.

Step forward buy-time, a lifestyle management company who have a pool of professionals who thrive on other people's 'to do' lists. The company's services are available in one hour chunks, for £35 an hour with discounted rates for block hourly bookings. Gift vouchers are available, hence the big hint. Just imagine how wonderful it would be to have this to look forward to in the new year! To buy vouchers, call 0870 486 2624 or go to www.buy-time.co.uk.

READER OFFER: buy-time are offering one lucky reader a half day voucher (three and a half hours) with a personal lifestyle manager. To enter the prize draw, send your name and address on a postcard to: Buy-Time! Families South East, PO Box 11591, London SE26 6WB. Closing date 30 December.



New nit comb

My brother sent me details of this new nitcomb - cheek - who are you calling nithead? He has a point though, headlice do seem to feast on Cowan heads with boring regularity.

The newest tool on the block, the Nitty Gritty NitFree comb has patented microgrooved steel teeth which run through any kind of hair smoothly and safely,

lifting out and destroying lice, their eggs, and the empty egg shells.

It can be used in conjunction with lice lotions or conditioners as an effective wet-combing treatment, priced around £10 from independent pharmacists and larger Boots branches.



UK breaks for disabled people and carers

National disability charity Vitalise provides an extensive range of short breaks for disabled people in an accessible holiday setting. Based at five centres, all offer 24-hour on call care and personal support from staff and volunteers, along with pre-arranged trips, activities and on-site entertainment. Guests can choose from a range of themed weeks, where the break is specially tailored by age range, interest or hobbies such as cricket, wildlife, nightclubbing, shopping, crafts, regional interest and culture, or holistic treatments.

The centres are based in Cornwall, Essex, Nottingham, Southampton and Southport and provide an extensive range of short breaks from February to December. The new 2007-2008 brochure is available now from Vitalise on 0845 345 1970 and online at www.vitalise.org.uk/publications.

Over 6,000 trained volunteers assist the charity's professional care staff every year. Vitalise is keen to hear from anyone over 18 interested in volunteering at its centres.

Horsey horsey

If you need to get your own back on your brother this Christmas (see above), put his knees through their paces by handing over his little niece or nephew, and a Knee-Rider.

The child climbs aboard, holds the reins and rides off into the sunset. To make the experience even more real, a button behind the horse's ear emits life-like neighs (at this point you can leave them to it while you head off to the kitchen to check on the sprouts...)

The Knee-Rider has a cushion which turns it into a soft toy too and the whole thing is £29.99. For stockists details or orders, call Great Kids' Toys Ltd on 01422 351726 or buy online at www.greatkidstoys.co.uk.

