

To-do or not to-do..?

A NEW lifestyle management service offering practical solutions to hectic schedules has been set up by Little Hadham resident Stephanie Adams.

Buy:time Hertfordshire and buy:time Essex are the local branches of a service – already widespread in London – offering clients the chance to hand over their ‘to

By **Carol Leach**

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–do’ list to professionals. They can organise anything from a social event to a house move, find a holiday home or anything the client doesn’t have time to do themselves.

“Stress levels in everyone’s lives just seem to go up

and up, whether they are busy professionals commuting each day or working mums with no spare time to complete an ever growing list of activities,” said Stephanie, who used to spend her time on the commuter treadmill.

“The brilliant thing about our service is that you can wipe out your to-do list with

one phone call. I know there is a real demand for our service and with Christmas fast approaching, we could be the answer to a stress-free festive season for lots of local people.”

Stephanie has more than eight years experience as a communications professional within the public, private and voluntary sectors, and first-hand knowledge of the time impact of a daily London commute.

“I am keen to offer a real hands-on service. I intend to use my project management, organisational and communications skills to help make a real difference to the lives of the clients I work

with.”

There is no joining fee – clients can buy a one-off hour for £35 or blocks of hours for larger jobs at discounted rates (£29 per hour for 10 hours and £25 per hour for 20 hours). Gift vouchers are also available.

Services could include household organisation, garden maintenance, property management, health and beauty treatments in your home, food preparation or general household errands.

You can visit the buy:time website at www.buy-time.co.uk and then click on the Herts or Essex link, or email stephanie@buy-time.co.uk